

“Taking Care of You” Presentation

Information Covers:

Worksite Ergonomics

Carpal Tunnel & Neck Pain Prevention

Proper Lifting Review & Disc Conditions

Stress Load on Your Joints Evaluation

Each Participant Receives a Free Massage
during our Q & A Session
following the Short Presentation.

Stretching Handouts and Healthy Tips
will be provided with Lunch.

To Schedule your Presentation
Contact Dr. Jill at 316-682-6161